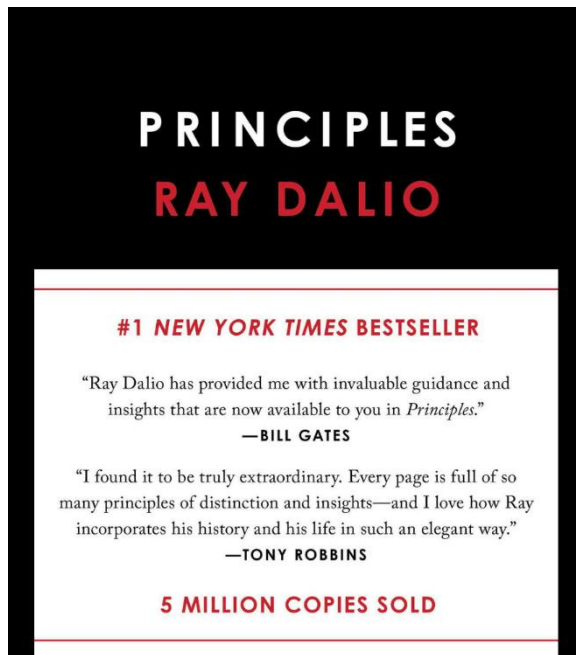


# PRINCIPLES



## About Ray Dalio and Principles

Ray Dalio is the founder of Bridgewater Associates, the world's largest hedge fund, managing over \$150 billion in assets.

Principles captures the core lessons from Dalio's personal and professional life.

The book blends memoir and practical rules for decision-making. Institutional clients of Bridgewater Associates include institutions like International Monetary Fund (IMF), Government of Singapore Investment Corporation (GIC), California Public Employees' Retirement System (CalPERS) etc.

## How Students Benefit

1. It teaches structured thinking and goal setting for any field.
2. The principles help improve self-awareness and critical reflection.
3. Students can learn how to navigate setbacks with clarity.
4. It emphasizes the value of feedback and continuous learning.
5. Ideal for building long-term habits in study, career, and life.

Principles by Ray Dalio isn't a formal textbook in most academic curricula, but it's increasingly used in business schools, leadership programs, and executive education as supplemental reading. Its emphasis on decision-making, systems thinking, and organizational culture makes it especially relevant in MBA programs and entrepreneurship courses. Some universities also include it in reading lists for personal development or finance electives, and it's often recommended in corporate training programs focused on leadership and strategic thinking.

## How we are approaching this book:

Group study, in a slow-paced setting, with deep reflection, targeting to bring the learnings to implementation as we progress on this journey. We want to be ready with this knowledge by the time we enter work life.

## About Life & Work Principles

1. Life Principles guide personal growth—like embracing reality and evolving.
2. Work Principles focus on building effective teams and making good decisions.